



For Immediate Release

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**HILARY TAUBE JOINS GALAXY NUTRITIONAL FOODS
AS DIRECTOR OF MARKETING**

ORLANDO, Fla., May 23 /PRNewswire-FirstCall/ -- Galaxy Nutritional Foods (Amex: GXY), a leading producer of nutritious plant-based dairy alternatives for the retail and foodservice markets, today announced that Ms. Hilary Taube has joined the Company as Director of Marketing.

"We are delighted to welcome Hilary to our management team," commented Mike Broll, Chief Executive Officer of Galaxy Nutritional Foods, Inc. "Hilary will focus upon the execution of Galaxy's marketing strategy involving field sales, brokers and consumers, by providing crucial information and tools to develop and grow our business. This will include the collection, analysis and dissemination of consumer and market-specific data in order to strengthen brand positioning to build market share in key areas."

Previously, Ms. Taube was Product Manager in the Kitchen Division at The Holmes Group, based in Milford, Massachusetts, where she was involved with such brands as the Seal-a-Meal(R) Vacuum Food Storage System and other Rival(R) food preparation products. She managed a variety of new product development projects for brand re-launch and spearheaded packaging, sales collateral and marketing activities related to the repositioning of key brands. Hilary has extensive experience with market research, including focus groups and analysis of trends in the food storage category. Before joining The Holmes Group, she was Product Manager at Webster Industries and also held a marketing management position at the Polaroid Corporation.

Ms. Taube obtained a Bachelor of Science degree in Business Management and Marketing from Cornell University and earned a Masters of Business Administration degree from the F.W. Olin Graduate School of Business at Babson College.

About Galaxy Nutritional Foods, Inc.

Galaxy Nutritional Foods® is the leading producer of health-promoting plant-based dairy and dairy-related alternatives for the retail and foodservice markets. An exclusive, new and technologically advanced, safer "hot process" is used to produce these phytonutrient-enriched products, made from nature's best grains – soy, rice and oats. Veggie products are low fat and fat free (saturated fat and trans-fatty acid free), cholesterol and lactose free, are growth hormone and antibiotic free, and have more calcium, vitamins and other minerals than conventional dairy products. Because they are made with plant proteins, the products are more environmentally friendly and economically efficient than dairy products derived solely from animal proteins. Galaxy's products are part of the healthy and natural foods category, the fastest growing segment of the retail food market. Galaxy brand names include: Galaxy Nutritional Foods®; Veggie®; Nature's Alternative™; Veggie Lite Bakery™; Veggie Café; Soyco®; Soymage®; Wholesome Valley®; Lite Bakery®; and formägg®. For more information, please visit Galaxy's website at: www.galaxyfoods.com.